



OCT. 1 – 31, 2020

# WALKTOBER MONTH

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

LOG YOUR WALKING TRIPS AT [ACTIVESWITCH.CA/WORKPLACE](https://activeswitch.ca/workplace) FOR A CHANCE TO WIN!