

***THIS INFORMATION IS INTENDED TO HELP CARPOOL DRIVERS & PASSENGERS  
REDUCE THE RISK OF EXPOSURE TO COVID-19.***

### **COVID-19 Symptoms**

If you are experiencing any of the below **COVID-19 symptoms**, **DO NOT carpool**. Drivers & passengers who have any of the below signs and symptoms are asked to stay home and self-isolate.

- Cough
- Fever / Chills or Shakes
- Muscle Pain
- Headache
- Runny Nose
- Sore Throat
- Difficulty Breathing
- New Loss of Taste or Smell
- Diarrhea

If you are concerned that you may have been exposed to, or are experiencing symptoms of COVID-19, please visit the **Ministry of Health** website for more information.

### **Stay Informed**

Follow the advice of your local **Public Health Agency of Canada**.

Visit the **Government of Canada** website or call 1-833-784-4397 for current updates and resources.