

***THIS INFORMATION IS INTENDED TO HELP CARPOOL DRIVERS & PASSENGERS
REDUCE THE RISK OF EXPOSURE TO COVID-19.***

COVID-19 Symptoms

If you are experiencing any of the below **COVID-19 symptoms**, **DO NOT carpool**. Drivers & passengers who have any of the below signs and symptoms are asked to stay home and self-isolate.

- Cough
- Fever / Chills or Shakes
- Muscle Pain
- Headache
- Runny Nose
- Sore Throat
- Difficulty Breathing
- New Loss of Taste or Smell
- Diarrhea

If you are concerned that you may have been exposed to, or are experiencing symptoms of COVID-19, please visit the **Ministry of Health** website for more information.

Stay Informed

Follow the advice of your local **Public Health Agency of Canada**.

Visit the **Government of Canada** website or call 1-833-784-4397 for current updates and resources.

***THIS INFORMATION IS INTENDED TO HELP CARPOOL DRIVERS & PASSENGERS
REDUCE THE RISK OF EXPOSURE TO COVID-19.***

Carpooling Etiquette

1. Refrain from carpooling if you can. Walking and cycling are preferred commute modes at this time as you can maintain better **physical distancing**.
Physical distancing means keeping a distance of at least two metres from others at all times.
2. Reduce the number of passengers in your vehicle – 1 passenger maximum at any time.
3. A passenger **MUST** sit in the back seat (diagonal from the driver).
4. Be Exclusive. Reduce your risk to exposure by limiting the number of different individuals you carpool with.
5. If possible, keep the windows open during your commute.
6. Store all personal belongings in the trunk.
7. **Use personal protective equipment** whenever possible.
 - a. Passenger and driver **MUST** wear a non-medical face covering.
 - b. Both passenger and driver should consider wearing protective gloves.
8. Both passenger and driver **MUST** thoroughly **wash their hands** before entering the vehicle.
9. Avoid all contact between driver and passenger.
10. **Sneeze or cough into your sleeve** or cover your mouth and nose with a tissue.
11. Avoid touching your eyes, nose and mouth.
12. Thoroughly **disinfect** vehicle regularly.
13. Respect your driver's cleaning supplies, distance, or other safety precautions.

***THIS INFORMATION IS INTENDED TO HELP CARPOOL DRIVERS & PASSENGERS
REDUCE THE RISK OF EXPOSURE TO COVID-19.***

Vehicle Checklist

- Vehicle must be cleaned with a disinfectant cleaner **before AND after each carpool trip.**
- Vehicle has alcohol-based hand sanitizer.
- Vehicle has facial tissues.
- Vehicle has a closed lid dispenser lined with a plastic bag.
- Driver and passenger have **washed / sanitized hands.**
- Driver and passenger **MUST** have facial masks.
- Driver and passenger are wearing gloves.
- All personal belongings have been stored in the trunk.
- Passenger **MUST** be located in the rear passenger seat (diagonal from the driver).
- Driver and passenger windows are open.
- Vehicle has COVID-19 symptom checklist displayed.
- Vehicle has Carpool Etiquette displayed.

***THIS INFORMATION IS INTENDED TO HELP CARPOOL DRIVERS & PASSENGERS
REDUCE THE RISK OF EXPOSURE TO COVID-19.***

Cleaning & Disinfecting of Vehicles

To minimize the risk of virus transmission, it is important to **both clean and disinfect frequently touched vehicle** surfaces with disinfecting wipes before and after you share a ride with other individuals.

Frequently touched surfaces include:

- Exterior/Interior Door Handles
- Arm Rests
- Buttons for Windows, Locks, Seatbelts & Temperature Controls
- Sun Visors
- Steering Wheel
- Seat Belts
- Rear-view Mirror
- Cup Holder
- Gear Stick/Turn Signals/Seat & Mirror Adjustors
- Air Vents
- Keys & Fobs

Things to consider:

- Make sure that the **cleaning/disinfecting of vehicles** is performed on a regular basis.
- Disinfectants should have a drug identification number (DIN) if approved for use in Canada.
- Check the expiry date. If a cleaning product has expired, do not use it.
- Always follow manufacturer's recommendations.